



The Uth Wing flies again

The Dove Service has won almost £500,000 of Big Lottery funding to carry out our pioneering work with children and young people in the UK.

The money will be used to fund a five-year programme to enable our children and young person's counselling team to support young people who are struggling with issues around unresolved grief.

The team will be working across Cheshire, the Wirral and Staffordshire with young people affected by significant loss including bereavement and life changing illness.

"Our Uth Wing worked very successfully with bereaved children and young people in Stoke-on-Trent for many years before it closed last year due to end of funding", said Dove Service Chief Executive Joanne Speed.

"This fantastic award from the Big Lottery Reaching Communities Fund means that our Uth Wing will lift off again



and this time expand into other parts of the UK.

"It is a testament to the success that our trained counselling team has with these youngsters that the Big Lottery supports us in this way".

National statistics reveal that:

- **78% of 11 to 16-year-olds have been bereaved of someone significant**
- **1 in 29 school-age children have experienced the death of a sibling**

The Uth wing project will also include training for professionals who work with

children around loss and grief (currently, this does not form part of teacher or support staff training).

Charlie O'Dell, our Strategic Development Manager, pointed out that at the moment we were able to offer only limited specialist support for young people.

"This grant will make a real difference to the lives of so many children and young people across Staffordshire, Cheshire and the Wirral".

From the CEO, Joanne Speed

It's been a very challenging few weeks in our field of bereavement and loss, as the news headlines have been dominated by the Paris terror attacks, the plane explosion over Sharm al Sheikh and the Mali hotel attack. The sense of horror and shock that resounds around the world is extensive. How do we make sense of such traumatic loss on such a scale? How do we relate to the tragedy of grief and empathise with the heartbreak experienced by individuals who have lost a relative, friend or colleague in such devastating circumstances? One of the most important things we can do is to show our



support in whatever way we are able. This may be a card, a hug, a few words, assisting with normal daily tasks, or just simply being there with them and being ready to talk as and when

they need it. However, we can also help by recognising the longer term impact of grief and signs in our family, friends or colleagues that they are struggling to cope, and therefore may be experiencing post traumatic stress disorder, or moving into suffering with more complex grief. Have a look at the "Allow Grief" resource on the Dove Service website to understand whether and when to refer someone in for professional help. If people can get access to the right specialist support, at the right time, it can help them considerably on their path to coming to terms with their loss!

Essential Info

The Dove Service - The Dudson Centre, Hope Street, Hanley, Stoke-on-Trent, Staffordshire ST1 5DD
enquiries@thedoveservice.org.uk | **www.thedoveservice.org.uk** | **Telephone: 01782 683155**
Charity Number: 1086625 | Company Number: 3613893

Joanne Speed - Chief Executive
Richard Cormell - Clinical Services Manager (Deputy CEO)
Charlie O'Dell - Strategic Development Manager
Ian Bradshaw - Service Delivery Manager
Alexandra Major - Business Development & Marketing Manager
Pam Hartley - Training Manager

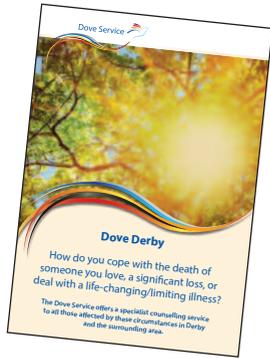
The Dove Service is grateful to the following funders:

- Stoke-on-Trent CCG
- Stoke-on-Trent City Council
- Staffordshire County Council
- North Staffs CCG
- Big Lottery Reaching Communities Fund
- Department for Work and Pensions
- Government Equalities Office
- Department of Health
- Department for Education
- Children in Need

Thank you to all of our supporters and donors.

Dove Derby - Self Funded Counselling.

As part of our Dove Service expansion into new areas, we are now starting work on our Derby pilot project. The purpose of this pilot project is to offer a fee paying specialist bereavement, life-changing illness and



significant loss counselling service for people living in and around the Derby City area. A Grief Support Advisor will be employed at the Dudson Centre to co-ordinate the service and to field enquiries by phone and via the website and make an initial free 20 minute phone assessment of a potential client's needs. They will signpost enquiries to one of the following services:

- One of our approved licensed counsellors in the Derby area who will be able to provide face to face counselling in their own location for individuals (or on-site for a commercial client)

- Existing Dove Service staff in the Dudson Centre who can provide telephone counselling
- Another stakeholder agency providing more appropriate care. In parallel to the paid for counselling we will promote training programmes for business, schools and individuals (as well as potential bereavement support groups) in the Derby City area.

This is the first time that the Dove Service will have used this model for development and it is hoped that if successful it will be replicated to other areas of the country.

New Services, New Areas - Ellesmere Port

As part of our outreach development work, our latest service takes us into Ellesmere Port town centre supporting clients with one-to-one counselling. With a £500 grant from the Well Being fund from EPNAVCO and Cheshire & Wirral NHS Partnership, clients are being offered sessions on a Saturday morning thanks to our volunteer Mike who lives in the Cheshire West and Chester area. Elaine Dunn, Chief Officer of EPNAVCO has offered the Dove Service a counselling room in their new offices on Whitby Road and is pleased to be helping those in the community to have free counselling when they are

copng with issues relating to bereavement, life changing illness and significant loss.

"We are pleased to be working with our partners at the Dove Service to enable them to bring a much needed service to the area and at a time when people may not be working, at the weekend, enabling them to have counselling". Elaine Dunn Chief Officer EPNAVCO.

For those people in the Ellesmere Port area wishing to have counselling, they can self-refer by ringing the Dove Service office on 01782 683155. It is hoped that eventually there will be an opportunity to establish a Bereavement Support Group that will



Cheshire and Wirral Partnership 
NHS Foundation Trust

encourage people to come together to share their experiences and help one another. We will also be working with local organisations by signposting clients to their support services and facilities locally.

LD Wing Comes of Age



As the Dove Service Learning Disability (LD) projects moves into its final year what better place than in Dovetales to look back at its achievements over the last 4 years.

The Dove Service LD projects are funded by the Big Lottery Fund to work with people who have a learning disability, their families, carers and professionals living in Stoke-on-Trent and North Staffordshire. The aim of the project is to improve the understanding of the process of bereavement, loss and the effects of life changing illness. As well as providing support to LD client's, their families and carers, we also work with professionals to improve their skills to support people with LD around bereavement and loss issues.

The project offers:

One to one counselling;

Counselling can be provided to anyone with a learning disability and their family members within Stoke-on-Trent and North Staffordshire.

Counselling sessions are usually delivered on a weekly basis and last for 50 minutes. All counsellors are registered with the BACP (British Association for Counselling and Psychotherapy) and are experienced in working and supporting people with LD.

Training and workshops

We deliver a number of training courses for service users and professionals on topics such as active listening, coping with change, confidence and self-esteem, developing communication and workplace skills.

Workshops

Workshops take place in a number of settings and include informal coffee mornings for parents, support groups for teachers, carers and reference groups. The workshops aim to enhance people's understanding through sharing and exploring feelings and to relate to others who have had similar experiences.

Charges

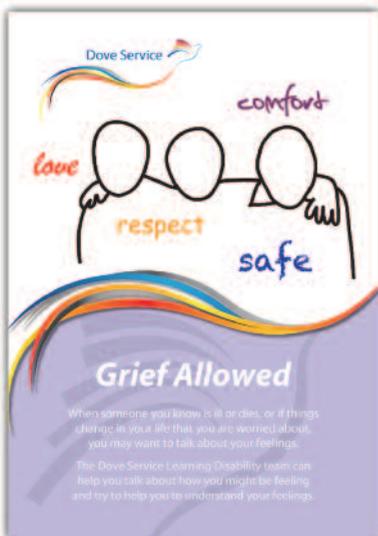
All services within the LD projects are offered free of charge to individuals and to organisations who engage with the service.

The Talking Doves

'The Talking Doves' Learning Disability advisory group aims to discuss the work that takes place on the projects and to ensure that the users views and needs are listened to and acted upon. The group meet once every 3 months, usually in the mornings from 11am-12.30pm with lunch included. Transport can be arranged if people cannot make their own way.

The Advisory Group have contributed to the projects in many ways including

- Helping to design new promotional material aimed at LD clients
 - Involvement in training and presenting to groups of LD clients and professionals.
 - Providing testimonials and consultation information for funders in support of future bids.
 - Contribution to the 2013 Annual Dove Service Conference "Faces of Grief".
- The LD team are always looking at ways to enhance and improve the service and welcome testimonials from clients who have benefitted from the project.



Our presentation folder



Pictures of the Advisory group

One particular client wrote a tribute to her mum whom she had lived with up until her mum's death. The client found herself isolated and had no support from family due to complex circumstances. She found it very difficult to accept her mother had died but managed to write the following tribute to her.

"My mum was a nice lady to know. She was a kind and caring woman. She was the most loving Mum in the world, she would help people when no one else would. She would give her last money and if they had not got any food she would give some to them. She was a nice person to know. I still miss her lots. I will always miss her I want her back. She will always be missed."

By the end of year 4 the LD team had;

- Provided counselling to 346 clients;
- Trained 675 professionals and service users;

- Trained 84 peer mentors and;
- Hosted awareness raising events attended by more than 1600 people.

The LD team work with clients of all ages with varying complexities of need including those who

may not be able to express themselves verbally. The team provide one-to-one counselling out in the community including in people's homes (for those who find it difficult to get out and about), as well as in various specialist schools and day centres across the county.

One of the LD team Counsellor/Trainers describes working very closely with each individual's process, which often includes using non-verbal, creative interventions to identify feelings, such as working with stones and shells and arts and crafts. A popular activity with clients in schools is



creating masks, which has proved to be a powerful way for clients to access and voice their feelings. The results can be empowering and transformational for clients in helping them to accept their feelings and life circumstances.

If you would like further information on the Stoke-on-Trent or North Staffordshire Learning Disability Projects please contact the LD team at the Dove Service, The Dudson Centre, Hope Street, Hanley 01782 683 155.

Run for the Dove

- feature writer Claire Travers

Keeping a charity like the Dove Service going can mean relying on a lot of funding and donations. That is why we are so grateful to Emily Hulstone and Richard Gawith who have given their time recently to take part in separate marathon events in order to raise money on our behalf. We are also very grateful to West Kirby Farmers' Market who have made and sold homemade cakes and drinks to raise money for our service.

Emily took part in the Potters 'Arf Marathon on 14th June 2015. Emily and her friend were originally going to support each other and walk the 13 miles together. Unfortunately, due to illness her friend was unable to take part and a determined Emily went on to complete the event on her own. This event has been going since 2005 and the route includes Milton Road, which is known as 'Heartbreak Hill' because of the dread it generates in the hearts of the participants due to its

Richard Gawith who raised £2,142



continuing steepness. Emily raised a wonderful £140 in total.

Richard Gawith ran the Liverpool Rock and Roll Marathon, also on the 14th June 2015. The 26 miles course started at the Albert Dock and passes other famous landmarks such as the Liver Buildings and Anfield, home of Liverpool FC. On his Just Giving page before the race Richard wrote, *"In April I signed up to do the Liverpool Marathon purely as a personal challenge as I'm now in my 5th decade on this planet. Since then a lovely young woman and good friend has had to start her fight against cancer again and it dawned on me today that I might be able to raise a few pounds for her charity whilst I do my best to complete the course. I've developed flat feet, I've lost a toe nail and truthfully, I'm dreading the day coming. But that's nothing compared to dealing with cancer."* Richard raised an amazing £2,142.20 which is going towards our new project on the Wirral. Working in the Wirral is an expansion of our services due to demand for counselling and support for children in that area affected by bereavement, loss or life-changing illness.

On the 25th July 2015 the Dove Service joined with West Kirby Farmers Market to raise funds selling some delicious home-made cakes, drinks and bacon baps at the Community Café. All the money from the food, drinks



Julie Chan & Jane Marsden

and cakes served at the café has contributed to the services provided by the Dove Service. The Farmer's Market runs on 4th Saturday of the month selling local produce and the Community Café is available for local charities as a way of raising funds for their cause. Jane Marsden, wife of Barry Marsden, the Dove Service Counselling Coordinator in Wirral stated how, *"friends and counsellors from the Dove Service in Wirral came together at West Kirby Farmers market to run the Community Café...Between them they created some fabulous cakes; the legendary coffee, yummy chocolate and lemon drizzle to name a few! Just too difficult to choose! Great fun was had whilst raising valuable funds for Dove Wirral."*

If you have been inspired by any of these fundraising stories or would like to raise money for us in some other way please contact us for a fundraising pack. You can also donate through our Just Giving link on our website.

Val Lewis - Manager,
Healthwatch Stoke-on-Trent

"I don't want to complain, but I want someone to know to stop it happening to anyone else".

If I had a £1 for every time we hear a patient utter this sentence when they talk to Healthwatch Stoke-on-Trent, I would be richer by far than I am.

Healthwatch Stoke-on-Trent exists to support patients and users of social care services to have a voice, to challenge, to enable change or to make a complaint about a part of the service they have experienced that has let them down. Of course its equally important to say that we welcome compliments about services too and we make sure that these are shared with those responsible.

When I was given the opportunity to write this piece in *Dovetales*, promoting what Healthwatch does, I went through my usual process of wondering how to fit a quart into a pint pot! Healthwatch does so much its difficult to know where to begin. But here goes: Healthwatch Stoke operates within the local authority boundaries of Stoke-on-Trent. We cover all local hospitals, GP Practices, Dentists, Opticians, Pharmacies, Nursing & Residential Care Homes, Domiciliary (Home) care services. We represent everyone from the youngest to

the oldest in our community.

We are a tiny team for such a big job, with only 5 members of staff which is why we have so many wonderful volunteers who are as passionate as us about making our health and social care services work as well as possible for all patients and service users. We do this by making sure it's the patients' experiences that form the core of all our messages.

A typical day for a Healthwatch team member might involve meeting a new volunteer to induct them; talking to 2 or 3 patients who have telephoned or emailed us with a concern, some information, or a question; organising a meeting with some volunteers involved in an Enter and View Visit to a care home or hospital ward; putting together a questionnaire for a project to find out what patients think about some aspect of a service; talking to a commissioner about some of the problems with a particular service; going to the hospital or local authority to a meeting to discuss some issues that have been raised about care; running a workshop to hear what patients think about some proposals; visiting a community event to tell people about Healthwatch; putting together a report with patient views and comments informing the content and the list goes on...

Well, I hear you say *"that's just marvellous but does it make any difference?"* Actually it does! Healthwatch Stoke has the ear

of commissioners; who describe us as *"the people who hold us to account"*; of managers and decision makers and chief executives of service providers who deliver health and care services. Because all our evidence is based on what you, the patient say, it's valid, valued and most likely to make a change for the better in service provision.

**If you would like to know more, tell us your story or get involved just telephone us, visit our website or email and we will do all we can to make you welcome. Healthwatch Stoke-on-Trent, The Dudson Centre, Hope Street, Hanley, Stoke-on-Trent, ST1 5DD
Tel: 01782 683080
info@healthwatchstoke.co.uk
www.healthwatchstoke.co.uk**

Healthwatch Stoke-on-Trent is part of a national network of local Healthwatch and our parent organisation is Healthwatch England which is the national consumer champion in health and care. They have significant statutory powers to ensure the voice of the consumer is strengthened and heard by those who commission, deliver and regulate health and care services.

If you don't live in Stoke-on-Trent and would like to know more about the local Healthwatch in your area visit the Healthwatch England website www.healthwatch.co.uk and use the Find your Healthwatch feature.

Spotlight on the Carers Project

- feature writer Claire Travers



The Dove Service Carers team have been so busy over the last few months working in partnership with Stoke-on-Trent Council and Staffordshire County Council to help support employers who have carers working for them, employees with caring responsibilities, and older carers of people with learning disabilities. For many people, identifying themselves as a carer can be difficult in itself when the person they are caring for is someone close, like a parent or partner. And, being a carer can be demanding and isolating, as well as having financial implications. Our Carers Support Team offer the support, advice and guidance to make this time more manageable, help carers maintain a sense of self, look after themselves, and to find ways of keeping them in employment, if appropriate.

Our Carers Team have been offering support and training workshops throughout Stoke-on-Trent and Staffordshire. This has included one to one counselling, support groups and holding awareness raising events in various locations across Staffordshire, amongst other things. The team have also started to run a pilot for Assistive Technologies to see how the use of these aids (eg. washing aids, grab rails, pill dispensers, large button phones, reminder apps for smart phones, etc) could help carers and their loved ones.

One of the really successful workshops organised by the team was run in partnership with Pickerings Solicitors LLP. A local firm for 40 years, Pickerings became an independent, easy access practice in 1997. Solicitor, Rebecca Head from Pickerings came to three separate workshops to offer advice to carers looking after people with learning disabilities. Amongst other things, the workshop helped the carers to look at how their loved ones could manage their finances after the death of the carer, concerns over their loved ones inheriting a sum of money, and how inheritance could affect their eligibility for means tested benefits.

Dove Carer Support Worker, Heather Macefield commented,

“The information sessions with Pickerings were excellent and Rebecca presented both herself and the information in a way that carers could really relate to. The sessions were in direct response to carers’ requests and the previous consultation work that we had undertaken as part of the carers project. I think it is testament to the relationship we have built with the older carers of people with Learning Disability that they trusted and requested The Dove Service to support them in what is one of the most sensitive aspects of their lives.” Following on from the workshops our Carer Support Workers have offered the carers further support in other areas of future planning as well as emotional support and counselling.

Our Carers Team has also been working directly with local businesses enabling them to tailor the support offered to the needs of the organisation and the employees. One of the local firms the team has been working closely with is Alstom UK. We have been working with them since 2014. Their UK Occupational Health and Wellbeing Manager, Claire Sallis remarked how, *“With over 1500 employees based in the Stafford area, we were able to identify those that have caring responsibilities outside of the workplace, and who might benefit from the specialist*

counselling offered by the Dove Service. It was recognised that this could be a very sensitive area but the Dove Service's expertise and empathetic approach ensured that organised drop-in sessions and personal one-one appointments were delivered in a highly professional manner. Those that have accessed the service have found the support and advice offered invaluable." HR Officer and Carer Support Worker at the Dove Service, Shane O'Toole explained how, "We recently

held two drop in sessions for carers of the company on two of their sites that was well received by staff providing them with the knowledge of the free help and support available to them". The team has offered training, drop-in sessions and one to one counselling as part of the support offered.

If you are a carer, or an employer of someone with a caring responsibility and feel that you could benefit from our services please feel free to contact us at 01782 683155.

ALSTOM
Shaping the future

pickering's
SOLICITORS LLP

city of
stoke
on trent

 **Staffordshire**
County Council

Winter Training Courses

Look out for our training in 2016 across the North West and Midlands with new courses about Mindfulness (including working with children), issues around End of Life, coping with transition and change and working with Special Educational Need; all delivered by qualified, experienced practitioners. If you have a group, we can train you 'in house', just get in touch for details.

Upcoming Training Dates

Wednesday 20th January 2016, **Hanley**

9:30am - 12:30pm - Bereavement Policies and Procedures for Schools
1:00pm - 4:00pm - Grief Allowed – Supporting Children and Young People

Friday January 29th January, **Derby**

9:30 - 12:30pm - Understanding Bereavement and Loss
1:00 - 4:00pm - Creative Interventions

Visit our website to view details of new courses being delivered in 2016
www.thedoveservice.org.uk

Each course costs £45 per person, which includes refreshments and comprehensive handouts. To book a place or to find out more please email trainingandevents@thedoveservice.org.uk or call Pam Hartley on 01782 683155.



Coping with Special Occasions

By Abi May

When you have lost someone significant in your life – a partner, a child, a parent, a close friend – it can be difficult to cope with special occasions such as birthdays and festivals. Now, in this new reality of your life, there will be no cards or gifts to share with the one who was special to you. Their smiling face will not appear in any new photographs. There is an empty place at the table.

You might find yourself dreading this time of year.

Perhaps it is the loneliness that gets to you, or feeling awkward about accepting invitations to celebrations that do not match your mood. You might feel hurt that your friends or family don't mention your loved one. You may also feel more emotional, as you sort through memories good and bad of previous years. If you do manage to enjoy yourself, you may feel guilty. It is natural to struggle when someone significant is missing from your side, when so many other people are celebrating at the same time. You know yourself best, and gradually you will be able to develop your own coping strategies. For the present, here are a few ideas you might like to consider:

- Plan ahead. As much as you might wish to avoid the day, it will arrive – and if this special occasion is a public holiday, it will arrive with fanfare. It is generally better to have some

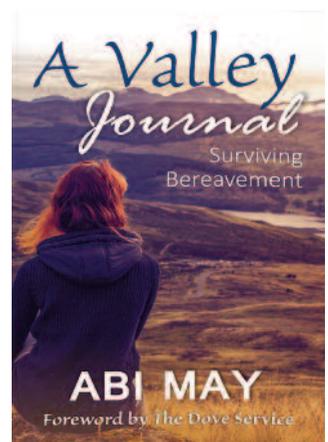
idea in advance of how you want to pass the time.

- Be kind to yourself. This occasion will be different to what it used to be. Consider what you can cope with. You don't have to fulfil every expectation you have of yourself, nor do you need to accept every invitation.
- It is up to you whether to include your loved one in the "conversation." Let the people around you know if you are comfortable talking about him or her.
- Allow yourself time to grieve. You have lost someone who is important to you and your life has changed. Take some comfort in remembering the happy moments you shared together. Celebrate your loved one's life.
- If you shared some traditions together with your loved one, you might want to find ways to continue. For instance, drinking hot chocolate on Christmas morning, watching a particular television programme, going to a religious service, and so on.
- On the other hand, you should not feel that you have to continue something that is no longer bringing you comfort, and sometimes it can be better to find new ways to mark the day. Some people like to visit their loved one's grave, or light candles, or give a toast to him or her at a family meal, or even

volunteer at a charity event or go away for a few days.

- Remember that this is just one day. The whole of life is many days, and fortunately, most days are not quite as painful.
- Avoid trying to drown your sorrow in drink or other substances. Besides being unhealthy physically, your emotions could be made worse, and you could even find yourself losing control.
- If you are going through particularly difficult moments, if you are overwhelmed and feel unable to cope, please contact the Dove Service. A friend or family member may be able to offer a listening ear. In a crisis you can call the Samaritans on their 24/7 helpline on 08457 90 90 90.

Abi May writes from personal experience and is the author of 'A Valley Journal', a book supporting the bereaved, available from www.amazon.co.uk



When Counselling Helps Pam's story

1-1 Counselling, for me, has to be the best thing I have ever done. I lost my only baby when he was just 6 days old. For almost 3 years I thought I was dealing with the loss, to realise I had buried my emotions and feelings so deep I forgot they were there, until they came bubbling to the surface to remind me of the most painful moments of my life. I needed help. I needed to talk to someone professional who truly understood what I was feeling. My GP suggested The Dove Service, and it has been the best advice anyone could have given to me.

The whole process to see a counsellor was simple, I called, a few details were taken and I was told someone would be in touch to arrange the sessions. I didn't have to wait long, and a couple of weeks later I had a call to say

there was a counsellor available to see me.

I felt nervous but within a couple of minutes, any doubts I had slipped away. Andrew, my counsellor, provided me with a safe space to explore my emotions. Every word, every feeling was listened to. I felt I had the right to grieve and the opportunity to bring sensitive thoughts and emotions to the surface.

Losing a baby goes against the grain of the natural flow of life. It isn't supposed to happen this way. Counselling has enabled me to see the irony of something so tragic yet beautiful. My baby boy broke my heart, yet filled it with an intense love to enable me to heal. The couch, in the counselling room became my sacred space to open my heart

and understand I had that space within me all the time.

From my counselling sessions, I take with me the ability to understand my grief, the confidence in reaching out to those close to me and an inspiration to heal, and for this I am eternally grateful to Andrew and The Dove Service for allowing me to grieve.

If you have been affected by any of the issues in Pam's story you may like to contact the Dove Service on 01782 683155 or visit www.thedoveservice.org.uk



Bereavement Help Points

An innovative partnership in South Staffordshire is enabling people to have bereavement support whenever they feel they need someone to talk to. Bereavement Help Points are a collaboration between St Giles Hospice, the Dove Service, Cruse, Burton Hospital, Heart of Tamworth and Hospice Hope and Holly Road Supportive Care Centre. Bereavement Help Points can

offer information, advice, emotional and practical support. Drop in;

- **Sutton Coldfield** - Monday 10.30-12.30 St Giles Hospice, Lindridge Road.
- **Uttoxeter** – Monday 10.30-12.30 Holly Road Supportive Care Centre, Holly Road.
- **Burton-on-Trent** - Tuesday 10.30-12.30 Foster Suite, CAB Anson Court, Wetmore Road.
- **Lichfield** – Wednesday 2.30-

4.30 The Community Space, Tesco Extra, Church Street.

- **Ashby de la Zouch** - Wednesday 10-12 Ashby Court Care Home, Tamworth Road.
- **Rugeley** – Thursday 10.30-12.30 Community Room, Rugeley Community Fire Station.
- **Tamworth** – Friday 10-12 Sacred Heart Church Community Room, Silverlink Road.



Appeal

The Dove Service works to help people cope with bereavement, life changing illness and/or significant loss through their counselling service. Since 1984 the charity has been working with people in the community from the age of 4+ across Staffordshire, Cheshire and the Wirral. Every year thousands of people are helped through difficult times by one to one counselling and group support. Please help us continue our vital work in your area this winter when people are most in need.

Call: 01782 683 155 and ask to make a donation.

Click: www.thedoveservice.org.uk and click on the JustGiving donation button

Post: Christmas Appeal, The Dove Service. The Dudson Centre, Hope Street, Hanley ST1 5DD

Please make your cheques payable to The Dove Service.

£10		£20		£30		I prefer to give...	
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Please debit my Maestro/Delta/MasterCard/Visa//Amex/Diners club/CAF card

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If you are a UK Taxpayer, please tick the box below so we can claim back 25p for every £1 you donate at no extra cost.

I would like to give a regular contribution to the Dove Service, please contact me. Please tick the box below.

The Dove Service is a Registered Charity No 1086625 founded in 1984. Company Limited by Guarantee, Registered in England & Wales Company No. 3613893. Registered office The Dove Service, The Dudson Centre, Hope Street, Hanley ST1 5DD.

The Dove Service offers counselling and support to all those affected by bereavement, life-changing illness and significant loss. We also provide training and workshops throughout the Midlands and North West. Tel: 01782 683155 | email: enquiries@thedoveservice.org.uk | Registered charity no. 1086625

www.thedoveservice.org.uk